

ViaVienté



Why 90 Days?



A dedicated 12-week program consuming 3-4 oz. everyday of this all natural whole food living fruit and mineral blend increases your energy, strengthens your immune system and puts the body back in balance. The fact that you have to put the proper nutrition in the body to heal the body is obvious, but when should one expect results?

This complex question is best answered by looking at the primary functions of a diet high in fiber, alkaline foods, anti-oxidants, vitamins and minerals.

1st: An alkaline blood pH supported by alkalinizing foods like those found in ViaVienté has been directly linked to reduced cancer rates, reduced inflammation, and longer life spans. “Disease cannot exist in an alkaline environment” is common enough to be cliché in today’s information age and just ten minutes of internet research can turn up countless resources.

2nd: A healthy functioning digestive system is crucial for a healthy functioning body. Your digestive system is the entry point for all nutrition and a healthy digestive system will improve the functioning of ALL other systems in the body. Living enzymes, fiber, and anti-inflammatory foods can all help to keep your digestive system running efficiently and effectively.

3rd: Anti-oxidants are the solution to free radicals. Anti-oxidants are found highest in dark fruits and leafy green vegetables and help to neutralize free radicals, the cause of most symptoms of age related deterioration.

4th: Inflammation has been identified as a direct link to cancer, Alzheimer’s, and heart disease; 3 of the top lifestyle preventable killers of all time. Anti-inflammatory diets are high in fiber, contain lots of anti-oxidants, and keep the body alkaline.



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5th: Your entire body replaces itself every 7 years but your blood cells replace themselves every 3-4 months. The building blocks of every cell in your body are the foods you eat and more specifically the nutrients, vitamins and minerals contained in those foods.

Most common and chronic health problems today can be attributed directly to one of these 5 key areas that can be easily influenced and improved with the right nutritional approach. But these approaches take time to create dramatic health changes. Shifting your alkaline pH balance can happen with one meal... but it takes time to see significant health results. Improving your digestive function, reducing inflammation, reducing oxidative stress and feeding your body the nutrition it needs to build the healthiest cells possible usually takes a few weeks if not months with any comprehensive approach.



Think of your approach to drinking your 2 ounces of Via twice a day like any other dramatic health change. If you were to start an exercise program, start eating salads every day (fiber and nutrition increase), or start eating a piece of healthy wild salmon (anti-inflammatory omega-3's) you wouldn't expect these medically accepted health improvement methods to yield results in just a few days or even weeks would you? Of course not!

The same is the case with ViaVienté. Common short term improvements like faster and stronger hair and nails, healthier skin, more energy and better sleep quality may only take days or weeks to manifest, but give Via 90 days to REALLY see what nutritionally supporting your body the way it is MEANT to be supported can do.