

# ViaVienté



## HERE'S WHY VIAVIENTÉ IS CONSIDERED A SUPERFOOD!

When comparing ViaVienté to common sources of key nutrients important to your health and longevity it is easy to see why ViaVienté is considered one of the healthiest foods you can consume. With whole food ingredients delivered just as nature intended, **ALIVE** and with the delicate chemistry preserved, just 2 ounces of ViaVienté provides superior nutrition in a convenient, great tasting and affordable form to help you not just maintain, but **IMPROVE**, your health and vitality.

### JUST 2 OUNCES OF VIAVIENTÉ PROVIDES:

- 5000 antioxidants: the antioxidant equivalent of 10 servings of fruit and vegetables
- The Vitamin C equivalent of one medium sized fresh orange or kiwi fruit
- More Calcium than a cup of collard greens, a cup of kale or a full ounce of sunflower seeds without all the fat
- The Potassium equivalent of half a small banana or ½ cup of fresh green beans or carrots
- The Iron equivalent of ¼ cup of cooked lentils or 1 slice of whole wheat bread
- More Selenium than 2 slices of enriched bread, a whole egg, or 3 ounces of chicken
- The average B Vitamin equivalent of 1 cup of broccoli, blue berries, avocado or Brussels sprouts
- The Magnesium equivalent of 5 cups of eggplant
- The Phosphorus equivalent of 4 cups of apples
- The Zinc equivalent of 3 cups of Kiwi

Science has just begun to really understand the importance of the multitude of nutrients, vitamins, minerals, enzymes, coenzymes and cofactors found in **WHOLE** foods. It is said that an apple contains over 1200 different nutrients, vitamins, minerals, etc. and science has only thoroughly studies about 10% of those . . . the function of the rest remains to be fully ascertained **BUT THEY ARE IMPORTANT.**

This is why we use only **WHOLE FOOD INGREDIENTS** and why the science of today is just beginning to understand the true value of all the foods that have been used for 1000's of years medicinally.

**"VIAVIENTÉ: LIKE A HEALTH FOOD STORE IN A BOTTLE"**

**Contact:**